

Bananen-Porridge



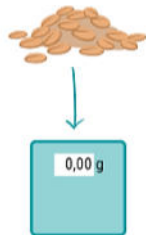
Zutaten

150 g kernige Haferflocken
450 ml Milch
150 ml Wasser
2 EL gemahlene Mandeln
1-2 Bananen
Ahornsirup



Start

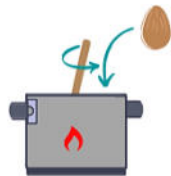
abwiegen



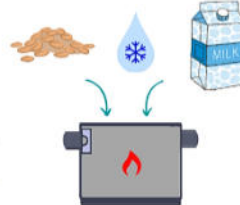
abmessen



unterrühren



aufkochen



in Schüsseln
füllen



in Scheiben
schneiden



Ahornsirup als Topping
drauf



Ziel